OPPORTUNITY DECISION MAKING TEMPLATE

Before saying "YES" or "NO" to an opportunity—**PAUSE**! Ask yourself these questions:

- 1. Name the opportunity.
- 2. How much time and energy is involved to complete it?
 - a. What are the expectations?
 - b. What is my role in this work?
 - c. Who else is involved?
 - d. What is the timeframe?
 - e. What is the deadline?
- 3. Is this opportunity a NEED or a WANT? MUST I do it?
- 4. Why do I WANT or NEED to do it?
- 5. Who benefits?
 - a. Personally: myself, my family, my home
 - b. Professionally: my job, my career, my calling
 - c. Community: neighbors, businesses, marginalized people, people in power, others?
- 6. Does this "YES" or "NO" help me show up in the world and live into who I am called to be?
- 7. Who/What am I saying "NO" to in order to say "YES" to this opportunity?
- 8. Is saying "YES" worth it?
- 9. Have I communicated my decision with the inquirer, my family, my work?
- 10. How do I plan to evaluate this decision in a week?
 Month? Year? Is it still the correct decision?

OPPORTUNITY DECISION MAKING WORKSHEET

Before saying "YES" or "NO" to an opportunity—**PAUSE**! Ask yourself these questions:

- 1. Name the opportunity:
- 2. How much time and energy is involved to complete it?
 - a. What are the expectations?
 - b. What is my role in this work?
 - c. Who else is involved?
 - d. What is the timeframe?
 - e. What is the deadline?
- 3. Is this opportunity a NEED or a WANT? MUST I do it?
- 4. Why do I WANT or NEED to do it?
- 5. Who benefits? (circle all that apply)
 - a. Personally: myself, my family, my home
 - b. Professionally: my job, my career, my calling
 - c. Community: neighbors, businesses, marginalized people, people in power
 - d. Other:
- 6. Does this "YES" or "NO" help me show up in the world and live into who I am called to be?
- 7. Who/What am I saying "NO" to in order to say "YES" to this opportunity?
- 8. Is saying "YES" worth it?
- 9. Have I communicated my decision with the inquirer, my family, my work?
- 10. How do I plan to evaluate this decision in a week? Month? Year? Is it still the correct decision?